

Sarah studied classical pedal harp at the Royal Academy of Music. In 2015 she was elected an Associate to the Royal Academy. She performed in London for years with professional symphony, opera and ballet orchestras and gave solo recitals in both the UK and America. Her compositions and playing have been broadcast on radio and television in the UK, Europe and America. She has also worked as a solo harpist aboard the QE2 and her book about her experiences, 'Maiden Voyage' was featured on BBC Radio Four. Sarah is now Director of the Cornwall Harp Centre, providing residential courses and online lessons to harp students from all over the world. She holds workshops for harpists and her sheet music arrangements and compositions are in great demand. Sarah's research on the medieval harp in England, the Regency harp, harp lute and Dital harp has led her to giving lecture tours around the world. In the UK she has lectured for the National Trust, English Heritage, U3A, schools, colleges and, of course, NADFAS. She has restored several 19th century instruments and has commissioned replicas of medieval harps. Sarah has recorded several albums and her traditional and Aeolian album, 'Soirbheas', was voted CD of the Year by Natalie Wheen on Classic FM.